

GREAT COLUMBIA CROSSING 2009 RULES & COURSE INFO

COURSE – 10K/6.2 miles interstate road walk/run over the 4.2 mile-long Astoria-Megler Bridge crossing the Columbia River near its mouth.

Starts in SW Washington at Dismal Nitch rest area and ends near the Port of Astoria. The course is mostly flat, with a challenging incline on the bridge rising 200 ft. over the ship channel.

PARKING – two locations:

- Port of Astoria - Astoria OR (follow signs to the GCX reserved parking area)
- Port of Chinook - Chinook WA (turn off Water or Olympia Sts. and follow signs for GCX parking.)

SHUTTLE BUSES – Depart from:

- Astoria, OR - Port of Astoria (near the foot of Basin St.)
Departs 7 am and every 20 mins. Last bus 8 am sharp!
- Chinook, WA – Olympia St. (across from Port of Chinook)
Departs at 7:30 am.

Please show your bib number upon boarding bus - only participants with numbers will be allowed on the course. Children under 8 years old will be given a free special bib number just for them. Please remember for safety measures, only collapsible strollers allowed.

BRIDGE USE – Only registered event participants may be on the bridge, and only from 9-11 am. Those unable to finish within the 2-hour time limit will be picked up by a bus. Since one lane remains open to traffic on the bridge during the race, for safety reasons all participants **MUST REMAIN** in the race lane! CITATIONS will be issued for those crossing into traffic lane. Children under 8 years of age must be with an adult at all times during the event. Sorry, absolutely no dogs or pets of any kind are allowed with the exception of pre-registered, certified guide dogs.

RACE RESULTS & AWARDS – A limited Awards Ceremony and presentations to the overall male & female finishers will be made following the race. Find a full listing of 10K run times within 48 hours on the Great Columbia Crossing web page, www.greatcolumbiacrossing.com.

RACE PHOTOGRAPHY – Evan Pilchik Photography will be snapping photos at several points along the course. Photos will be available for viewing and purchasing through his website after the event: www.myEPEvents.com

Thank you to our sponsors!

PLATINUM LEVEL

Coast River Business Journal
Columbia Memorial Hospital
Columbia River Bar Pilots
Fred Meyer
Georgia Pacific Wauna Mill
Holiday Inn Express - Astoria
Sunset Empire Transportation
Wadsworth Electric

GOLD LEVEL

Bank of Astoria
Bradwood Landing
P&L Johnson Mechanical
Warrenton Auto &
Marine Repair

SILVER LEVEL

Englund Marine &
Industrial Supply, Co.
Oregon LNG
Pacific Power
Red Lion Inn
State Senator Betsy Johnson
Western Oregon Waste

BRONZE LEVEL

City Lumber Co.
LEKTRO, Inc.
Ocean Beauty Seafoods
The Ship Inn
Young's Bay Plaza

*These two charitable organizations
will benefit from this year's proceeds:*

Assistance League® Columbia Pacific

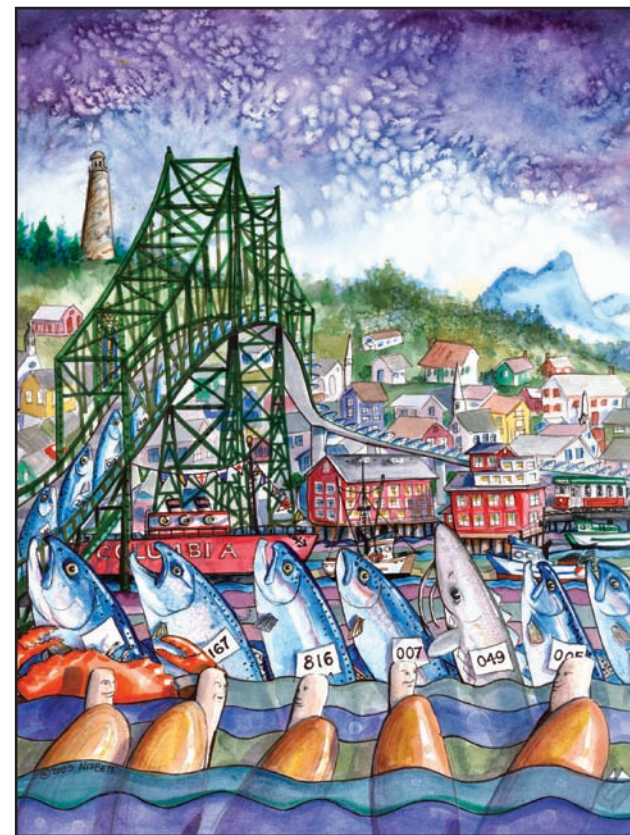
Assistance League Columbia Pacific is a nonprofit organization whose volunteers raise funds to assist children in our communities. Their signature project provides new clothing for school children in need throughout Clatsop County, Oregon. AL believes that children have a better chance of succeeding and of developing self-esteem when their basic needs are met. The organization will dedicate 100% of funds donated from the Great Columbia Crossing to buy quality athletic shoes for kids. For additional information visit their website at www.columbia-pacific.assistanceleague.org.

The Peninsula Children's Account

Some 25 years old, this Pacific County, Washington charity's one purpose is to make life more comfortable, safer and happier for children, always served with love. 100% of gifts are happily received and carefully spent in assistance year around and especially at Christmas. Special emergencies happen for all families and thanks to the generosity and warm hearts of donors there has always been money to assist. Along with lots and lots of shoes, jackets, hoodies, sweats, underclothing, something new for first day of school or Christmas gifts, donated monies have answered a myriad of requests always with the thought of loving children through hard times.

The 28th Annual Great Columbia Crossing Sunday, October 11, 2009

10K Run / Walk ♦ Astoria, Oregon



T-shirt art by local artist Don Nisbett.

Presented by



**ASTORIA
WARRENTON**
The Spirit of the Columbia

**The Astoria-Warrenton
Chamber of Commerce**

HOW TO REGISTER

ONLINE – Until Noon on October 6, 2009, log on to www.greatcolumbiacrossing.com. Registration confirmation will be sent by e-mail. SAVE \$\$\$ by registering online at www.greatcolumbiacrossing.com
MAIL-IN – Mail completed registration form and payment (check or money order) to address below, must be received by Oct 6, 2009.
WALK-IN –

- August 3rd thru October 10, 2009, Daily, 9 am - 5 pm. Astoria Warrenton Area Chamber, 111. W. Marine Dr., Astoria.
- Sunday, October 11, 6:00 - 7:30 am, late registration at the Foot of Basin Street, Astoria. (additional late fee applies)

PACKET PICK UP (Bib #, Clam Dollars, T-shirt when applicable)

September 23 thru October 10, 2008 Daily, 9 am - 5 pm. Astoria-Warrenton Area Chamber, 111. W. Marine Dr., Astoria
Sunday, October 11th - Late registration & bib pick-up prior to race at the Foot of Basin Street, from 6-7:30 am

ENTRY FEE

 Fees include parking, shuttle bus service to start of race & car parking lots and 5 Clam Dollars.

- \$30 per entry for youth aged 8-18 (\$25 after Sept. 30th and \$40 on Event Day)
- \$20 per entry for youth aged 8-18 (\$25 after Sept. 30th and \$30 on Event Day)

Save \$\$ by registering online by Noon on October 6th at www.greatcolumbiacrossing.com!

EVENT T-SHIRT This year artist Don Nisbett returns and will be available at the event to sign shirts. T-shirts are an optional item, separate from entry fees. We only order a certain number of T-shirts so this offer is good while supplies last. T-shirts may be available at the Chamber after the event and can be mailed for S&H fees starting at \$5, depending on quantity and stock on hand.

- \$16 per T-shirt Adult S-2XL
- \$14 Youth L

REGISTRATION FORM Please print (One per participant-OK to duplicate)

Last Name _____ First Name _____ Bib # AWACC use only
Address _____ City _____ State _____ Zip _____

Day Phone _____ Cell Phone _____ E-mail _____

Male Female **Age** at time of event: _____ **Event:** 10K Walk 10K Run (only runners will be timed)

How did you hear of race? (please specify) Advertisement Article Internet Previous participant Other _____

I plan to park & take the shuttle at: Port of Chinook, WA Port of Astoria, OR

WAIVER:

By indicating your acceptance, you understand, agree, warrant and covenant as follows:

In consideration of my entry, I myself, my heirs, executors, administrators and assigns, waive, release and discharge any and all rights, claims or damages against Astoria-Warrenton Chamber of Commerce, Oregon and Washington State Departments of Transportation & Transportation Commission, Oregon and Washington State Patrols, and their employees, and any participating sponsors, municipalities, and any and all participating directors, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation and/or any underage unregistered children in my care participating in this event.

I attest and verify that I have full knowledge of the risks involved in this event, that participation in a road race/walk is a potentially hazardous activity, that I assume those risks, that I will assume and pay my own medical expenses in the event of an accident, illness or other incapacity, and that I am physically fit and sufficiently trained to participate in this event. I understand and will abide by all rules including that no pets are permitted, only collapsible strollers are permitted, that I must stay in the race lanes at all times and follow instructions given by race officials.

I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____ Date _____

Signature _____ Date _____

Signature of Legal Guardian if participant is under 18

PAYMENT:

Visa or Mastercard

Card # _____

V-Code (from signature line) _____ Exp. Date _____

Check /Money Order Cash

Fee Schedule

Adult \$30

Adult (after Sept. 30) \$35

Youth (8-18 years) \$20

Youth (after Sept. 30) \$25

Adult T-shirt \$16

Youth T-shirt \$14

Total Registration Fee: \$ _____

T-shirt Size(s) if purchased (indicate quantity):

Youth Lg/XS ___ S ___ M ___ L ___ XL ___ XXL ___

Return form to:

AWACC/GCX, P.O. Box 176, Astoria, OR 97103

For questions not answered on this form or on website:

503-325-6311 • Toll Free 1-800-875-6807

awaccents@charterinternet.com

Register Online at www.greatcolumbiacrossing.com

More info about the area, including lodging, at oldoregon.com